

Biofield, Human Energy Fields, and the Unification Perspective

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For some time I have been emphasizing the important role of immaterial energy in understanding the nature of reality, including all material phenomena. In this regard, our prevailing Material Perspective ignores both its own energy basis and its dependency on energy for integration at every scale from particles to the cosmos. From the energy perspective, humans are complex organic material phenomena dependent on the totally integrated energy fields of all levels of our bodily structures as well as energy field sources beyond these structures.

While this perspective may seem extreme, it has emerged as a leading orientation in research in human biology where it is termed “The Biofield.” Most of this research is focused on the enormous potential contribution this perspective can make to understanding and managing human health – entering the “western” medical domain by way of the subfield of “Integrative Medicine.”

My personal interest in this immaterial energy based perspective is the fundamental contribution it makes to understanding that energy connects all phenomena into a single “entity” supporting the unification/spiritual perspective on reality. In human cultures this overall perspective gets especially engaged through the human intuitive mental function and focally expressed in all of our art-ritual activities in all of our societies. Art-ritual is then a major way humans access and engage the Unification Perspective on reality [emphasizing unity and cooperation] offering a point of view dynamically different from that provided by the everyday human Material Perspective [emphasizing separation and competition]. I have emphasized the importance of this integrating function of art-ritual noting that the extreme limitation of human perception together with the separation principle at the foundation of our Language and Language Based Thought strongly support the Material Perspective – even in Science.

What Follow Are Some Major Biofield Overview Resources

- Federico Miraglia, “Biofield and Electric Body.....,” Cosmos and History: The Journal of Natural and Social Philosophy, vol 21, no. 1, 2025, pp. 646-699.
[extensive bibliography]
- Beverly Rubik et. al., “Biofield Science and History, Terminology and Concepts,” Global Advances in Health Medicine, vol 4, supplement, 2015, pp. 8-14.
- Konstantin Korotkov, “Biofields and Bioenergy,” in Information Fields Theory and Applications, 2026, pp. 125-137.
- Rick Sa, “Human Biofield Components Explained.....,” International Journal of Complementary and Alternative Medicine, vol 18, no.2, 2025, pp. 77-85.