

The Internal Dialogue of Advanced Aging

Full-On Aging
Evokes the Dialogue in One's Mind

Between:

Appreciating the Huge Privilege
Of Having Lived a Very Productive, Healthy, Long Life,
Plus Remaining Mostly "Together;"
All of This
Without Ever Having to Worry About Basic Needs.

VERSUS

Finding the Increasing Social Isolation
And Accumulating Physical, Sensory and Mental Losses
Disappointing, Frustrating and Depressing;
All of This
While Progressing On a One Way Street to the Final Exit.

Influencers:

Important Surrounding Societal and Global Conditions
Contribute to Which of These Views Prevails;
How Spectacular or Outrageous Is Humanity Today!?

The Core Challenge:

Trying to Stay Positive
When
Uncertainty Is Absolute.

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