

Transcendence

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To Transcend – to Exceed or Overcome.

Transcend What? Transcending Death is the Ultimate Challenge in Life.

Death seems to be a permanent termination. This view relies on the Material Perspective which is based on the core assumption of the inherent separation of all material “things” – these “things” all eventually undergoing disintegration. Overcome separation and the problem disappears. But we modern humans are hugely committed to the separation principle as defining reality. It is at this point that Religion takes center stage to offer a diversion – not a solution. Religion [Christian] assures us that if we live right, at our death God will grant our immaterial soul eternal life in Heaven. No answer here for our physical selves, and we have to accept the assumptions of God as an Almighty agent, His focal interest in each one of us, the existence of our Soul, and a “place” called Heaven. That’s a Lot of assumptions to accept on “faith” – with no direct evidence for any of it, just “testimony” from the “elite” among believers.

Is there an option, or just another religion? Yes, we can challenge the basic assumption of separation itself which is so embedded in our worldview. If we could perceive all of material and energetic reality, we would firstly be paralyzed by its density and secondly realize that everything is both materially and energetically completely connected/unified as one entirely integrated phenomenon. In this unified reality, we are never independent entities and neither is any “thing” else. Unfortunately, the consequence of our extraordinarily limited perceptual capabilities is a reality of separation with at least all organic independent beings seeming to exercise self-directed free will.

In a fundamentally unified reality [unification], all there is is change, and everything is changing all the time – together. In this regard, conception is change, growth is change, decay is change, and death is change. All of us evolve as an integral part of everything else – add something here, subtract something there at every scale from atoms to cells, to tissues, to organs..... to planets, to galaxies, to the universe [integrated energy fields]. The nine months of our gestation is about equal to the nine months of our final “decay,” if the body is left free to disintegrate and diffuse into any of the potential possibilities within the infinite oneness of change.

Art-ritual in the smaller traditional societies of 96% of human history serves as a major behavioral mode to engender in humans the state of mind to understand

and experience reality from the spiritual perspective [unification] as outlined in the “alternative” described above. Hindu and Buddhist meditative practices in a great many complex societies carry humans to the same realization in what is referred to as enlightenment. And from science, the recognition of immaterial energy in reality as the essential, fundamental and complete connector and integrator of reality now confirms this spiritual/enlightenment/unification point of view.

“Transcendence” of Death without religion is now fully available to us. We just have to constrain the pervasive assumptions of separation, individuality, and free will to which our secular material, modern cultures are so tightly bound.

For all of us, Life is dynamic – having to balance the input of the material and spiritual perspectives as we pursue what we call “living.” We must operate at times as independent, predatory competitors in order to survive – in line with the material separatist orientation. But there is a realistic option to successfully address the change we call “Death” without totally reducing life to separatism and having to squeeze ourselves into alternative religious fantasies over which we can easily end up killing one another – even putting our very species at risk.

Properly understood, there is nothing to transcend; there is nothing to overcome but our ignorance of the underlying, immaterial reality within which we exist. Through energy based unification, we are already THERE – sharing everything with everything as part of everything. To our “everlasting” detriment, we just are minimally aware of this fact! In both “life” and “death,” our greater “self” is infinitely enduring as our “parts” come from and disperse into the ALL – no God or Savior or Soul or Heaven required. Our challenge as modern humans is to achieve better overall balance between our separatist/material and unification/spiritual orientations and thereby engage reality with more sensitivity to and respect for all to which we fully belong.