

On Consciousness

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Consciousness is a concept – not a “thing.” As what may be a useful concept, human consciousness is a complex or continuum of different states of mind – mind also being a concept abstracted from the material brain. We are aware of and “control” some of these states of mind; others exist beyond our “control.” This complex includes the alert everyday state of managing and responding to external stimuli to deep states of sleep to which we are subject and in which we have no aware participation. In-between, we identify dreaming and its lighter form of daydreaming of which we are aware with seemingly limited “control.” In addition, we distinguish meditative or “altered” states of mind which are open to input either from virtually infinite sources or from some designated focus. Such “altered” states are associated with experiences of insight and creativity as well as paranormal phenomena – telepathy, clairvoyance, precognition and psychokinesis. All of these alternative states of mind are associated with different dominant energy wave frequencies generally concentrated in different locations of the material brain.

As a concept of an immaterial “entity,” consciousness is most likely an immaterial energy field which participates in the infinitely interconnected and integrated energy realm of reality. In this realm, everything is unified and exists as one phenomenon that is constantly undergoing change. It follows that consciousness at the individual level is infinitely connected to everything else including the consciousness of all other entities. In the condition of unification, energy field based consciousness is always inherently “shared.” But, there is no justification for claiming that consciousness at the level of the individual somehow combines with the consciousness of other individuals to have separate and independent impact on the direction change takes in reality.

The notion of an independent Universal Consciousness being the answer to many of modern society’s challenges is not credible as no separate such combined consciousness “entity” with separate powers exists in a fully unified energy reality. To promote this contention amounts to replacing the function of a separate, all-powerful God of religion with a separate, immaterial construct [consciousness] that we have conceived and imposed on reality to begin with.

Until we can adequately assess all of the integrated energy fields of individual humans as well as human groups, we need to limit our assertions about the role of immaterial, energy based consciousness in reality.