

Over Flow

Candle Light Flickers
This Way and That
Never Quite the Same
As the Flame Floats
Continuously Waving.

Change Is Endless,
Always Offering
Another Version
Of the Present Moment.

Many of Us
Flicker, Float and Wave
Anxious For Tomorrow's Moment
To Achieve
Our Next Goal.

The Alternative
Is
Understanding, Respecting and Experiencing
Our Totally Connected Existence
WITHIN
The Infinite Flow
Of ALL,
Beyond the Assumption
Of Separate
Things, Selves, Moments, and Goals.

Have We Modern Humans
Lost the Alternative
In Our Commitment to Either
Secular Materialism
Or
Religious Fundamentalism?

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