

Don't Think About **IT**

What Is IT?
IT Is Uncertainty.

But Everything
Is Always Changing,
So, Everything Is Uncertain.

Ah....There's the Rub!

OK,
I'll Take My Mind Off IT,
I'll Just Do Something
Take a Walk
Mow the Lawn
Eat a Burger
Watch a TV Program
Read a Novel
Bake a Cake
Learn to Use Google AI Search
Move to a Different Chair.

See!!
I Did It,
I Left Uncertainty Behind!

Until..... I Stop,
And There IT Is Again.

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Life Is Avoiding IT,
Culture Is My Assistant,
Religion Is My Magic Wand,
Doing Is My Everyday Escort.

That's the Triple Threat
! Surely !
That's Enough
"To Put an End to IT."