

# Is Is All There Is

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We now know that at every scale from particles to the universe both the material and energy basis for reality is one totally connected, integrated system. In this context, the fundamental assumption of the separation and independence of “things” is an illusion created by the extraordinary limitation of human senses together with the very thin material density of air through which we seem to be able to move “at will.” This illusion is so pervasive and locally successful that we have evolved as a species – along with other organic species – in terms of it.

Humans mostly live within an unchallenged commitment to this illusion. We assume that we are separate “in space” and can legitimately carve up reality into pieces which we name in our languages. Even our science, which has exposed the illusion, remains mostly contained by it. Accordingly, we assume we can take an “outside” observer position in this “space” and identify causal relations among the different “pieces” that we have artificially discriminated. But in a totally integrated system there are no identifiable “causes”; there is just the flow of the vibration of all “components” together. Causality is infinite because all elements participate in all “actions” at all times. In this regard, a pin prick resonates across the universe!

We can pretend that we can locate ourselves outside the system that contains us and observe it independently, but this is not possible because we are manufacturing the “observed” “separate” “components” of an inseparable whole of which we are a part. Given this essential impediment, it is truly remarkable that we have been able to make substantial progress in penetrating the nature of reality from within this illusory perspective.

The ultimate question, “Why do I or we exist?” only arises within the illusion of material separation that there is a separate “me” or “we” at some point in time. The question is irrelevant when we recognize that all there is is IS in a Oneness whose vibrations we “interpret” from within our illusion as changes over time.

Living the illusion of competitive separation has been humanity’s dominant approach to reality. And in this context we have been extraordinarily successful in dominating the planet. But now the social and ecological “chickens” are coming home to roost. If we do not adjust, release the illusion, and understand ourselves individually, socially and ecologically as unified to the point of oneness – with all that entails, we risk losing our species’ opportunity to achieve what can be a magnificent future – a future responsible within the whole.