

Energy and the Human Conception of Reality

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Thomas A. Burns PhD

Klamath Falls, Oregon

Introduction

This essay presents an outline of the key facts that support the energy Perspective on Reality and the importance of it being expressed in human societies.

General

- 1) Energy is the basis for ALL of reality.
- 2) Energy is immaterial; it has existed forever, everywhere – since the Big Bang,
- 3) Energy constitutes a universal web that pervades and connects everything everywhere – even in what we regard as a vacuum.
- 4) The material world – based on matter – is a secondary manifestation of energy – energy in a compressed, integrated, field state.

Human Limitations

- 1) Even in the everyday existence of humans on Earth, human senses fail to perceive 99.99+% of reality.
- 2) Only about 4% of reality is physical matter, and in everyday life, human senses are capable of perceiving only a tiny fraction of this 4%.
- 3) In spite of these severe limitations, most modern humans assume that their material view of reality captures its true nature.

Science

- 1) While modern physics is well aware of energy's overwhelming domination in reality, it persists in pursuing an understanding of reality in terms of physical matter – the Standard Model.
- 2) For the most part, this approach explores the micro and macro dimensions of physical reality that humans can not perceive – as if determining the nature of this 4% of reality can account for reality as a whole.
- 3) Science needs to shift its focus and investigate how energy waves interact and consolidate into fields that combine to provide the “organic” structure for all complex forms in reality.

Energy and Matter

- 1) Energy exists in waves of different types and frequencies from galaxy long gravitational waves to quantum “string” vibrations.
- 2) Energy waves interact and combine to form energy fields.
- 3) Energy fields integrate and interconnect at and thru every scale from particles to plants and animals to planets to galaxies to the universe.

- 4) All matter – including all inorganic and organic forms – is composed of these integrated fields at different scales.
- 5) Energy in every form is in a constant state of change at every scale.
- 6) What humans see as change over a linear concept of time is the infinite web of energy vibrating.
- 7) Humans believe they can view this vibration/change from some particular perspective of scale and from an “objective” perspective outside the reality within which they exist. In a totally integrated energy reality, this is not possible – though proceeding as if this is the case can reveal some truths.

Human Condition and Capabilities

- 1) Humans are a material species created by energy compressed and highly integrated in energy fields at different scales – cells, organs, systems.
- 2) For the most part, humans are entirely ignorant of the energy basis for themselves and their material world.
- 3) However, most humans at least suspect that there is something significant beyond material reality.
- 4) Humans have dual mental capabilities of reason and intuition, and these capabilities offer humans access to two complimentary perspectives on reality.
- 5) Reason focuses on understanding and surviving in material reality, and it supports a mostly competitive orientation within reality.
- 6) Intuition focuses on understanding immaterial/subjective/energetic reality, and it supports a mostly cooperative orientation within reality.
- 7) Human individuals and their societies must balance the input of these different perspectives to be both responsible and effective at all levels.
- 8) Modern humans in complex societies are excessively focused on physical reality – secular materialism.
- 9) Modern humans and their societies are far out of balance, and their aggressive behavior toward both one another and their supporting ecology is endangering the continued existence of the human species in the civilized state.

Role of Religion

- 1) Religion is the primary realm of behavior where humans have the opportunity to experience and gain awareness in the subjective, energetic realm.
- 2) All religions have the experience of unification at their core.
- 3) The unification experience is the experience of reality from the holistic, totally integrated energy perspective of oneness.
- 4) Unfortunately, virtually all modern, institutional religions have lost touch with the unification experience and/or reduced it in material terms to dogmatic

beliefs in spirits, gods, gurus, profits, saviors, and saints.

- 5) Fundamentalist religions in general retain access to the core unification experience, but they assign the most extreme forms of dogmatic belief in interpreting its “meaning.”
- 6) The failure of modern religions to understand the unification experience in terms of the immaterial energy perspective has contributed substantially to undermining the awareness, importance, and scientific pursuit of the nonphysical, energy basis of reality.

Art

- 1) In less complex human cultures, art and religion are fused with art and ritual having the same function – to provide access to and expression of the human experience of the totally integrated understanding of reality.
- 2) In complex culture, the verbal, visual, musical and action forms of art tend to separate from one another and express a range of perspectives from the traditional unification perspective to the secular materialistic perspective. The greater the sensational focus of such expressions the more they qualify as entertainment rather than art in the art/ritual sense.

Conclusion

Development of human intuitive competence and access to the unification experience as they support the importance of the energy perspective on reality is as important as the development of rational competence and the intellectual-analytical experience as they support the material perspective on reality. Both perspectives are pragmatically important as humans live their lives. But just as energy is primary in reality, so the unification experience is essential in human understanding of reality. Responsible human behavior both socially and ecologically depends on the input of this perspective of core identity being shared among all “things.”