

# Ethics and the Energy Perspective

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The connection between the energy perspective and social, communal and ecological values may not be clear for some if they have not considered closely the implications of the energy perspective itself. So, I offer the following:

It does not matter whether we call **IT** the energy perspective, the spiritual perspective, the subjective perspective, the intuitive perspective, etc. At the core, all of these phrases refer to the same thing! I do not use the phrase "religious perspective" because that draws all the problems of elaborate religious belief systems into the picture. And, from my point of view, the spiritual perspective accounts for the essence of what all religions are referencing – when they are actually effective in engendering the unification experience.

- 1) The energy perspective identifies all phenomena – including all material phenomena [e.g. humans] - as totally integrated, ultimately to the point of sharing in one universal identity.
- 2) Individuals experience this perspective as the self expanding progressively to become ever more inclusive – to the point of merging with Everything.
- 3) It follows that if my personal self is united with Everything, then everything is part of me and participates in my identity, just as I participate in its being.
- 4) In this view, there is no fundamental separation among “things” as is assumed in the material perspective.
- 5) If my personal self/identity includes all other phenomena, then my actions in life impact what amount to other components of myself.
- 6) So, if I abuse other things or creatures, I abuse myself. Result: Restraint!
- 7) This sense/recognition of the need for restraint that is implicit in energy, spiritual, subjective, inspirational based awareness motivates cooperative social behavior and responsible ecological behavior.

This is how ethical and ecological commitment and behavior arises from the energy perspective. It is related to what is intended in the postulate, "Do unto others as you would have them do unto you." Because energetically "others" are integral components of the expanded "you."