

Think About IT

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For a very long time, mystics have claimed that all “things” in reality are totally connected to the point of a completely unified condition of oneness. Enlightenment for these ascetics is understood as humans experiencing the self integrated into this vastly expanded, unified condition of reality.

When adequately understood, modern science reveals this same view of reality. Mass, which is the basis for all Matter, is an infinitesimally tiny component in reality as revealed in Einstein’s famous equation $E=mc^2$ [where “c” – the speed of light squared is $9 \times 10^{16} \text{ m/sec}^2$]. So, science has revealed that all matter is composed almost exclusively of energy as motion, not mass. It turns out that matter is the different ways that energy concentrates and integrates “around” infinitely small amounts of mass. In essence, matter is mass-based energy.

The matter based universe is huge, but all matter is composed primarily of energy – referred to as mass-based energy. But, energy is mainly present in reality apart from matter, and we can refer to this energy as mass-less energy.

Human perception of energy is limited to only 0.0035% of the one zone of energy of which we are directly aware – the visible light spectrum within the electromagnetic spectrum. And the electromagnetic spectrum covers only the shorter wave length end of the full energy continuum. Humans participate in and are affected by the entire domain of energy. But we humans are so entirely unaware of this situation that we define ourselves and our reality exclusively in terms of different forms of matter from atoms to galaxies all separated by the “void” of space. However, we now know that there is no void anywhere because space is everywhere filled with mass-less forms of energy. Still, physics labors to get beyond the concept of material units – thus it pursues “particles” at the micro scale, when most of these “particles” are mass-less, in short, units of mass-less energy. Matter is mass-based energy. And, all matter exists in the totality of the infinitely unified domain of mass-less energy.

So, modern science and the mystics are basically in agreement: Mass-based reality – matter and the physical realm – is only a part of the whole of the totally integrated, unified reality defined mainly by the combination of mass-based and mass-less energy. Utilizing different mental modes – reason and intuition, humans can know themselves and their reality from both the objective, mass-based perspective and the subjective, mass-less perspective, but the broader perspective is that of the mystics, and it is supported by modern energy science.