

# THE FUNDAMENTAL DYNAMIC – IT'S REALLY QUITE SIMPLE

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THESIS: As human beings we are simultaneously both physical and energetic phenomena – with the corresponding material [matter, particle] and immaterial [wave, field] forces constantly interacting to define our condition as individuals, as groups, and as participants in our ecologies. Unfortunately, other than in physics, our sciences are just beginning to recognize and investigate the role of energy and the energy field in our biological, social, and ecological reality.

As physical-material beings, we understand ourselves to be independent of all other physical/material beings and entities. We exist as discrete entities separated by time and space. We are users, takers – predators. The physical-material perspective relies on the human mental capabilities of reason and analysis – identifying parts and the lawful relationships between and among them – as we conceptualize and interact in what we see as a material reality. From within this view of reality, we act competitively to achieve an advantage individually, socially, and ecologically [Me-individual values – success, power, fame]. From this perspective, health is promoted by treating the individual physical body with chemical drugs, surgery, and other material “interventions.”

As energetic-immaterial beings – through the infinitely integrated field of energy which includes us, we understand ourselves to be totally connected and sharing identity with all of reality to the point of unification. We are everything – unified and vibrating in the infinite where time and space are irrelevant. We participate in the flow as one. The energy-immaterial perspective relies on the human mental capabilities of intuition and synthesis – understanding the “components” of reality as being infinitely connected in the whole – as we conceptualize and interact in what we experience as a wave-field reality. From within this view of reality, we humans are a collective, and we act cooperatively to the benefit of all humans and the surrounding ecology [We-communal values – ethical and ecological responsibility]. From this perspective, health is dealt with by adjusting/balancing the energy field of humans individually and socially.

This is the dynamic nature of our human reality in which we are both discrete as material parts and unified as energy to the point of indistinguishable oneness. We cannot deny our objective materiality [biological survival] or our subjective spirituality [enlightenment and sustainability]. Our human task is to understand the presence and role of both of these essential perspectives. We go astray individually, socially, and/or ecologically when we fail to keep the input from these two perspectives in balance. If we expect to survive long-term in the civilized state, we need our sciences to get as serious about assessing the role that energy and the energy field play in ourselves and in our ecology as we have been in dealing with ourselves and our planet from the material perspective.